



Editorial

Leprosy is a disease we seldom hear about these days, and for a good reason the number of cases in Pakistan has steadily declined over the last decade. Yet, the journey isn't over. The fight to completely eliminate leprosy continues, MALC remains at the forefront, working tirelessly toward the elimination of the disease.

MALC remains firmly aligned with the World Health Organization's four-pillar strategy towards Zero Leprosy, focusing on eliminating infection, disability, stigma, and discrimination. This vision isn't just a statement it's backed by action on the ground. From active case finding and screening contacts to administering Single Dose Rifampicin Post-Exposure Prophylaxis (SDR-PEP) and mapping high-risk areas, the work is ongoing and responsive to emerging challenges, such as the increasing rate of cases in children and those with advanced disabilities.

Our awareness efforts continue to be just as critical. Across multiple communities, we've conducted sessions aimed at dispelling long-held stigmas surrounding leprosy. These efforts are helping reshape public perception and encouraging affected individuals to come forward for treatment.

Beyond leprosy, MALC continues its services across other vital health areas, Tuberculosis control, Prevention of Blindness, Mother and Child Health Care (MCHC), and the work of the Centre for the Rehabilitation of Children with Physical and Neurodevelopmental Disabilities. In Sindh, our Community Based Inclusive Development activities have focused on improving mobility and training educators to create inclusive learning spaces for children with disabilities.

We place strong emphasis on capacity building. Our training programs for healthcare professionals and medical students aim to improve early diagnostic and timely referral. The active involvement of youth through initiatives like the Matchbox Competition is helping promote health awareness and hygiene practices in schools and communities alike.

We've also taken important steps to ensure accessibility. In collaboration with NADRA's Mobile Unit, we've made it easier for persons with disabilities to receive Disability-Specific CNICs, granting them access to essential services. This effort aligns with MALC's registration under the Sindh Persons with Disabilities Protection Authority (SPDPA) and supports the Sindh Empowerment of Persons with Disabilities Act, 2018.

Medical camps in vulnerable and underserved areas continue to play a key role in expanding coverage for early detection and timely treatment. These camps are often the first step in bringing hope to individuals who may otherwise go unnoticed or untreated.

An important milestone this quarter was our five-year strategy workshop, where teams across all disciplines came together from field health workers to management and department heads. It was a moment of reflection, collaboration, and unity as we worked towards aligning our goals and building a roadmap for the future.

Our work would not be possible without the support of our donors, partners, and well-wishers both in Pakistan and across the globe. Your belief in our mission fuels every initiative, every screening, every treatment, and every life we help transform.

As we look ahead, we remain determined not only to eliminating leprosy, but also to creating healthier, more inclusive communities across Pakistan.

Celebrating German Children’s Day with Inclusion and Joy at Maskan-e-Rahat Centre (MALC)

Every child deserves to be seen, valued and celebrated

MALC’s Centre for the Rehabilitation of Children with Physical and Neurodevelopmental Disabilities was a buzz with laughter and gratitude on the 20th of September 2025, marking the occasion of Children’s Day in Germany. Mr. Thomas Eberhard Schultz- Consul General of the Federal Republic of Germany in Karachi, distributed goodie bags and assistive devices amongst the children, making it a true celebration of childhood, inclusion, and compassion.

Mr. Schultz- along with Mr. Tuaha Farooqui- Secretary, DEPD and the MALC Board members, were welcomed warmly to our centre, and given a tour of the facilities. They also highlighted the days’ theme- Children’s Rights: Building Blocks for Democracy, when asked to say a few words to all present.

We’d like to express a sincere thank you to the Consulate General of the Federal Republic of Germany- Karachi for their continued and invaluable support of our community initiatives, and for making this day unforgettable for so many little ones.



5-Year Strategy Workshop - A Step Toward Unified Growth

To promote collaboration, strengthen team spirit, and enhance the skills of all staff, a successful 2-day workshop was held to launch our new 5-Year Strategy. The event opened with a warm welcome, recitation, and a briefing on the workshop objectives. Throughout the two days, various departments came together to share updates and strategic directions, including Strategy Planning, Leprosy, TB, Prevention of Blindness (PoB), Community-Based Inclusive Development (CBID), Neurodevelopmental Disorders (NDD), Mental Health, Mother and Child Health Care (MCHC), Training and Health Education, Resource Mobilization department (RMD), International Project desk (IPD), Technology and AI, and Disaster Management/Sphere Standards. A detailed presentation of the 5-Year Strategic Plan served as the workshop's highlight, followed by engaging group discussions that encouraged interdepartmental learning and synergy. The event concluded with an inspiring message from the CEO, reinforcing our commitment to unified progress and impactful service delivery.



Integrated People-Centered Eye Care Plan - 3rd Quarter Highlights



In the third quarter, the Integrated People-Centered Eye Care Plan supported by CBM and implemented by MALC, continued making significant strides in improving eye health across Gwadar district, Balochistan. To enhance access to quality care, essential ophthalmic equipment including Slit Lamps, Lensmeters, Auto Refractometers, and Ophthalmoscopes has been installed at RHC Pasni, Ormara, Jivani, and MALC Hospital Gwadar. With an average daily OPD of 400 patients, our trained optometrists are providing effective diagnosis and treatment, along with the distribution of free glasses to those in need. Key activities this quarter included school and madrasa vision screenings, community awareness and mobilization sessions, and ongoing stakeholder engagement with health and government officials, led by Program Coordinator Muzamil Hussain and his team. Furthermore, the use of PEEK software for community screening remains in full swing, with over 35,000 individuals screened so far. The program continues to expand its reach, ensuring that quality eye care is accessible to all in Gwadar.



Honouring the Life and Legacy of Dr. Ruth Pfau: A Month of Remembrance and Tribute (10th August – 9th September 2025)

Remembering Dr. Ruth Pfau: A Legacy of Love and Service

On the 8th death anniversary of Dr. Ruth Pfau, the MALC family came together to honour her life and legacy with heartfelt remembrance. The day included a memorial at MALC Headquarters, prayers at her grave, and a solemn mass reflecting her deep faith and compassion. We concluded with a small gathering to celebrate her enduring impact. Though she is no longer with us, her spirit continues to guide our mission of service, dignity, and care.



Celebrating the Legacy of Dr. Ruth Pfau: Rotary Club of Karachi Pays Tribute on Her 96th Birth Anniversary

The Rotary Club of Karachi marked the 96th birth anniversary of Dr. Ruth Pfau with a heartfelt tribute, celebrating her extraordinary legacy of service and compassion. The event brought together individuals inspired by her lifelong commitment to the marginalized. Her mission continues to guide and uplift communities across Pakistan.



A Month of Honouring the Legacy of Dr. Ruth Pfau (10th Aug – 9th Sept 2025)



MALC Impact Highlights: Partnerships, Progress & Celebrations

Showcasing our recent collaborations, achievements, and moments of unity

Transforming Lives Through Support of Department of Empowerment of Persons with Disabilities, Government of Sindh

In the month of July 2025, Mr. Mervyn Lobo, CEO of Marie Adelaide Leprosy Centre (MALC), was honoured to participate in the cheque distribution ceremony organized by the Department of Empowerment of Persons with Disabilities (DEPD) at the Chief Minister's House, Karachi.



MALC Honoured at PARCO's Partner Recognition Event



MALC was proudly recognized at PARCO's NGO Recognition Event for its ongoing dedication to inclusive healthcare and community development. We sincerely appreciate this acknowledgment and look forward to strengthening our partnership for greater impact in the future.

Towards Partnership: MALC's Strategic Visit to Hamdard University

In a significant move toward institutional collaboration, MALC recently visited Hamdard University. The visit focused on exploring joint opportunities in medical education, research, and public health initiatives. Both institutions aim to work together for stronger community health impact.



MALC Hosts Visit from Satish Chandra Anand



MALC welcomed Mr. Satish Chandra Anand, Chairman of the Eveready Group of Companies, during his recent visit to our center. He appreciated MALC's decades-long commitment to serving marginalized communities across Pakistan. We look forward to fostering meaningful collaborations that support our mission of inclusive, dignified, and compassionate healthcare.

Expanding Impact with the Support of Bank Alfalah

MALC extends heartfelt gratitude to Bank Alfalah Islamic Banking Group for their generous donation of specialized electronic equipment for cataract surgeries.

This vital contribution is significantly strengthening our eye care services in underserved areas of Balochistan and Sindh, where access to quality ophthalmic treatment remains a major challenge.



MALC at Impact Week Pakistan 2025

We're honored to represent Marie Adelaide Leprosy Centre (MALC) at Impact Week Pakistan 2025 by CSR Forum Pakistan. A digital platform representing the impactful work of organizations nationwide.



MALC and HBL Foundation: Working Together for a Cause

We are grateful to the HBL Foundation for their constant and dedicated support in advancing our outreach initiatives. Their partnership has been instrumental in enabling us to expand healthcare access and services to underserved communities, reflecting a shared commitment to improving lives and fostering sustainable impact. We deeply value this collaboration and look forward to furthering our mission together.



NADRA One-Window Camp at MRC Centre under the project GLRA

On 28th August 2025, a NADRA one-window camp was organized at our MRC Centre to facilitate persons with disabilities in obtaining their Specific CNIC. During this camp, 22 Specific CNICs were successfully issued, ensuring easier access to essential services and rights for the beneficiaries.



Strengthening Community Resilience Through Inclusive DiDRR Training



On 29–30 July 2025, our expert Physiotherapist, working in CBID for the past three years, attended a workshop on Disability-Inclusive Disaster Risk Reduction (DiDRR) and Development. Organized by the Disabled Welfare Association with CBM and Taraqee Foundation, the training promoted a rights-based approach for persons with disabilities. It covered inclusive crisis planning, accessibility audits, and community-based strategies. This experience strengthens our commitment to resilient and inclusive communities.

MALC and HBL Foundation Camp Initiative - Tharparkar Region

MALC in collaboration with HBL Foundation held free medical camps in Village Mahavo Bheel & Shahmir Vikia in Islamkot Tharparkar, Sindh. More than 300 mothers and Children were facilitated for different healthcare issues and 40 malnourished children availed nutrition and ration support sponsored by HBL Foundation.



Supporting Progress and Inclusion: Activities at MALC’s Rehabilitation Centre

In the third quarter, MALC’s Centre for the Rehabilitation of Children with Physical and Neurodevelopmental Disabilities carried out a series of impactful activities to support children and their families. Therapy and counseling services were provided to 90 registered children, while the newly operational Occupational Therapy (OT) room expanded and improved service delivery. A parental meeting with senior management encouraged open dialogue and feedback. Clothing donations benefited 10 children in need, and financial assistance was disbursed to eligible families to help manage therapy-related expenses. Additionally, two children successfully completed their therapy plans, and the launch of an internship program offered valuable hands-on experience for students in relevant fields.



MALC Celebrates Independence with Inclusion, Joy, and Community Spirit

MALC joyfully marked Independence Day 2025 with a series of vibrant and inclusive celebrations at both the Head Office and the Centre for the Rehabilitation of Children with Physical and Neurodevelopmental Disabilities. Held on the 13th and 14th of August, the events brought together children, parents, and staff in a shared spirit of unity and national pride. Activities included heartfelt speeches, the singing of the national anthem, flag hoisting, and a celebratory cake-cutting ceremony. These moments not only honoured the country's independence but also reinforced values of inclusion, belonging, and togetherness within our community. Adding a unique and joyful touch, MALC also organized its first-ever Mango Festival, held right in the heart of the wards. This vibrant event transformed an ordinary day into a memorable celebration filled with laughter, shared moments, and the sweet joy of the season. Fresh mangoes were enjoyed by patients, symbolizing care, warmth, and the simple pleasures that bring people together. The festival, alongside the Independence Day celebrations, created lasting memories and highlighted MALC's ongoing commitment to fostering inclusive, supportive environments.

In addition, on 13th August 2025, the CBID team organized a special Independence Day stall in collaboration with DEPD. The event featured engaging and inclusive activities for children with disabilities and was marked by the distribution of 500 refreshment boxes. The occasion was further honoured by the presence of distinguished guests including Chief Minister Murad Ali Shah, Secretary Tuaha Farooqui, and MALC's CEO Mr. Mervyn Lobo, whose visit added great encouragement and significance to the day.



Improving Healthcare Access Through Mobile Medical Camps in the North



The Baltistan Region, comprising the districts of Skardu, Shigar, Kharmang, Roundu, and Ghanche, faces significant challenges in healthcare delivery due to its rugged terrain, scattered population, and limited district health infrastructure. Many remote communities lack access to even the most basic medical services. To address this gap, MALC, with the generous support of HBL, is organizing regular mobile medical camps to reach underserved and marginalized populations. These camps will offer essential healthcare services, including medical consultations and free medicines, delivered by trained medical professionals. The initiative focuses on rural villages that remain disconnected from mainstream healthcare facilities. Camps will be conducted twice a week in different locations across the five districts, ensuring wide coverage and consistent service delivery. In total, 8 camps will be held each month, resulting in 24 camps in the 4th quarter, significantly enhancing healthcare access in the Baltistan region.



Contributing Through Workshops and Collaboration

MALC Represents Pakistan at the 22nd International Leprosy Congress in Bali

MALC had the honor of representing Pakistan at the 22nd International Leprosy Congress (ILC), held in Bali, Indonesia, from July 7 to 9, 2025. Themed "Towards a World with Zero Leprosy," the congress served as a vital platform for international collaboration, learning, and exchange of innovative practices. During the event, MALC highlighted Pakistan's notable achievements and ongoing challenges in leprosy control. The team actively contributed to discussions on critical areas such as active case detection, single-dose rifampicin as post-exposure prophylaxis (SDR-PEP), advancements in diagnostic tools, and the use of digital surveillance methods like geospatial mapping and the District Health Information Software 2 (DHIS2). Throughout, MALC emphasized the importance of a people-centered approach in public health.

Firm in its commitment to the vision of "Health and Inclusive Development for All," MALC continues to lead leprosy elimination efforts in Pakistan while supporting the global movement toward a leprosy-free world.



MALC Represents Pakistan at Global NTD Conference in Uganda

Four MALC staff members participated in the 16th Annual Neglected Tropical Disease NGO Network (NNN) Conference, held in Uganda from September 30 to October 2, 2025. Organized by the Ugandan Ministry of Health, the hybrid event brought together over 200 delegates from more than 50 countries. The conference focused on eliminating Neglected Tropical Diseases (NTDs) through sustainable and innovative approaches. Key themes included the role of AI and digital health in NTD control, community-driven initiatives, One Health approaches, climate change, health system strengthening, and sustainable financing. The event provided a valuable platform for learning, collaboration, and sharing best practices in NTD response.



Our Team Attends Training on Emergency Response and Safeguarding

MALC was honored to participate in the 'Humanitarian Assistance in an Emergency and Safeguarding' training organized by DAHW in August. The training provided our team with valuable insights into delivering effective and ethical support to vulnerable communities during emergencies. Emphasis was placed on adhering to SPHERE standards, ensuring aid is accountable, inclusive, and of high quality. Participants also deepened their understanding of safeguarding principles and the "do-no-harm" approach, reinforcing MALC's commitment to responsible and compassionate humanitarian response.



Inclusive Health & Emergency Training Conducted in Gwadar by MALC & CBM

MALC, in collaboration with CBM, conducted a 3-day Training of Trainers (ToT) session in Gwadar, Balochistan, focusing on basic eye health care, disaster and emergency preparedness in healthcare, and disability inclusion. A total of 80 government staff members participated, including lady health workers, lady health visitors, medical officers, union council staff, school screening teachers, and health technicians.

The training proved highly impactful, equipping participants with practical knowledge and tools to respond more effectively in emergencies and to enhance inclusive health services in their communities. This initiative marked a significant step toward strengthening local healthcare capacity and promoting accessible, inclusive healthcare for all. These trained individuals will now cascade the training to other government staff in Gwadar across all three focus areas. This initiative marks a significant step toward building local capacity and ensuring accessible, inclusive healthcare for all.



Reaching the Unseen, Healing with Dignity on the Journey Toward Zero Leprosy

In the third quarter, our team at MALC, with the support of DAHW and Missio Austria, continued its mission to reach some of the most underserved and forgotten communities in Karachi and remote areas of Sindh. Through a series of special skin health camps, we brought essential medical care directly to people who live far from health facilities and often have no access to even basic treatment. These camps focused on areas where leprosy remains a concern or where previous cases have been reported, aiming to detect and treat cases early before they progress or spread. Confirmed and suspected leprosy cases were identified and immediately referred for further care, helping ensure no one falls through the cracks. But the impact of the camps went far beyond just case detection. Many people, especially children and women, came seeking relief from painful and uncomfortable skin conditions like scabies, fungal infections, and bacterial issues. These may seem minor to some, but they cause real suffering and often lead to embarrassment or isolation. For many who attended, it wasn't just about getting medicine, it was about being seen, heard, and treated with respect. These camps offered more than medical help; they brought hope, dignity, and a powerful reminder that even in the most remote corners, people are not alone we see them, we care, and we are here for them.



A Success Story of Resilience: Zulfiqar's Path to a Brighter Future

Zulfiqar's family moved from a small village in Dadu, Sindh, to Karachi in search of a better life. They lived in a small hut, and his father worked as a watchman. Life was difficult, and the family often depended on small help from their landlord.

When Zulfiqar was 12, a team from MALC visiting the area discovered he had a serious form of leprosy. Shortly after, his younger sister and mother were also diagnosed. Due to the timely intervention, the family received complete treatment, recovering without disabilities.

Zulfiqar faced additional challenges when he suffered a severe reaction to the disease, leading to many hospital stays over two years. This forced him to pause his schooling to focus on his health.

By age 15, Zulfiqar's health improved. With encouragement and support and his family's strong determination, he returned to school. His education costs were covered by MALC, and now he is doing well academically, expected to move up to the next grade.

The combined efforts of Zulfiqar's family and the support they received have given him a fresh start. Looking ahead, there are plans to help him develop skills for a better future. His journey is a powerful example of how hope, care, and education can transform lives.



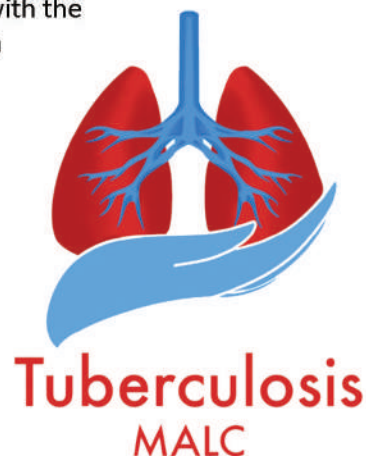
Our Success Stories: Journeys of Strength and Recovery



Getting Better, Step by Step: Javed's Fight Against TB

Javed, a 50-year-old man, faced a life-changing health crisis in November 2024 when he suddenly began experiencing vomiting and severe diarrhea. Within a week, his condition worsened to the point where he could no longer sit or stand. His family rushed him to a Hospital, where doctors conducted an MRI and diagnosed him with spinal tuberculosis. He also started on a six-month course of Myrin-P. Despite the treatment, Javed's condition continued to decline. Eventually, he was brought to our Centre on May 2, 2025, in a stretcher unable to walk, sit, or eat without assistance. After receiving continuous support and necessary supplements, he was immediately registered and placed on the continuation phase of TB treatment. Despite his critical condition, his strong will to recover, combined with the dedicated care and regular follow-up provided, gradually led to noticeable improvement in his health.

Over the next five months, Javed's health started to improve. With regular medication, support, and close monitoring, he gradually regained his strength. Today, he can sit, walk, and eat on his own a major milestone for someone who was once fully dependent. He continues to make steady progress and remains under regular follow-up. Javed's journey is one of perseverance a reminder that with timely intervention, consistent care, and patient resilience, recovery is always possible. He is now clinically stable and responding well to treatment, and we remain hopeful about his continued progress toward full recovery.



Prevention of Blindness

Journey of Impact

Asghar Ali, a dedicated electrician from Muhajir Camp, has spent years earning a living by installing lighting at events a job that demands precision and clear eyesight. But when a cataract in his right eye began to blur his vision, it became harder for him to continue working with confidence.

Encouraged by his nephew whose brother had previously undergone a successful eye surgery at the MALC Eye Department Asghar decided to seek help. "I was told they were very professional, and now I've seen it for myself," he shared with a smile. "After my surgery, my right eye is completely fine." He speaks warmly of the care he received. "The doctors, the staff everyone treated me with such kindness and respect. It truly meant a lot to me." Now back at work and doing what he loves, Asghar is also preparing for surgery on his left eye. With restored vision and renewed hope, he looks forward to a brighter, unrestricted future.



Hafsa's Story: Seeing the World Anew

Twelve-year-old Hafsa from the remote district of Killa Saifullah had been struggling with vision loss in her right eye since early childhood. Her family noticed the signs, but with limited income and no access to proper eye care, they couldn't seek treatment. In school, Hafsa faced not just academic challenges but also cruel remarks from classmates who questioned why she even bothered studying.

Her family of eight survives on just Rs. 20,000 a month, barely enough for basic needs. When they heard about a Free Eye Surgical Camp at the District Headquarters Hospital in Balochistan, they took a chance and traveled 45 kilometers by public transport.

At the camp, Hafsa was diagnosed with a cataract and underwent successful surgery. For the first time, she could see clearly.





Farzam's journey is not just one of growth, it's one of transformation

When 9-year-old Farzam first came to the MALC Centre for Rehabilitation of Children with Physical and Neurodevelopmental Disabilities, he was a quiet child, communicating only through gestures. Diagnosed with Autism Spectrum Disorder, Farzam faced significant challenges with speech and fine motor skills. Holding a pencil, forming words, and expressing his needs seemed like distant milestones. His mother, guided by a family member's recommendation, brought him to the Centre with a heart full of hope and that hope began to take root from day one.

Through dedicated speech therapy and individualized remedial support, Farzam began to blossom. Each session opened a new door: a word spoken, a pencil held, a picture colored. Slowly but surely, the silence gave way to speech, and hesitation turned into eager participation.

"We're seeing so many positive changes," his parents share with joy. "He talks with us now. He couldn't even hold a pencil before, but now he colors and traces by himself."

Farzam's progress is more than just clinical improvement, it's a profound step toward confidence, independence and inclusion. At the MALC Centre, stories like his remind us that every child has the potential to thrive when given the right support, compassion, and opportunity.



Mother and Child Health Care (MCHC)

Widespread financial struggles continue to prevent many women from accessing vital antenatal care, putting both maternal and newborn health at serious risk. One of the most alarming consequences of this lack of care is the prevalence of malnutrition at birth. To combat this growing concern, MALC provides Mother and Child Health Care (MCHC) services through targeted clinics across Sindh, with a strong focus on underserved communities in Karachi. These clinics offer consistent weekly check-ups, ensuring mothers and young children receive timely and appropriate medical attention. Beyond consultations, MALC also provides nutrition supplements to children under five who are suffering from malnutrition giving them a better chance at healthy growth and a brighter future.

When Care Makes All the Difference: Areeba's Journey

When one-year-old Areeba was first brought to our Orangi Centre, she was visibly weak, underweight, and showing clear signs of malnutrition. Her tiny frame and tired eyes told a story of struggle the kind no child should have to face so early in life. Her parents, worried and desperate for help, were welcomed with care and reassurance.

Without delay, Areeba was enrolled in our nutrition program. She received therapeutic feeding, medical attention, and close monitoring of her growth and progress. Slowly but surely, things began to change. Within just three months, her weight improved, her appetite returned, and the once-quiet little girl started to show signs of energy and curiosity. She was becoming active, playful full of life.

Her parents couldn't hide their joy and relief. For them, seeing Areeba smile again was nothing short of a blessing.

Today, Areeba is healthy and thriving hitting her developmental milestones and enjoying the childhood she deserves. Her journey is a beautiful reminder that with timely care, compassion, and support, even the most fragile beginnings can grow into strong, hopeful futures.



A Journey Toward Empowerment and Acceptance

Muskan, a young and courageous patient at MALC, was diagnosed with leprosy at an early age. But her story is not just about the disease, it's about strength, healing, and hope. With early diagnosis, the right treatment, and regular care, Muskan was able to overcome the difficulties she faced. Today, she is healthy, confident, and building a better future for herself. At MALC, we believe that no one should face leprosy alone. We provide not only medical support but also emotional care, respect, and encouragement to every patient. Leprosy is completely curable, yet the fear and stigma around it still cause many people to suffer in silence. That's why we are working to raise awareness and educate communities. Together, we can fight the stigma, offer support, and help people like Muskan live with pride and independence. Everyone deserves a life filled with dignity, hope, and the opportunity to move forward.



Community Outreach: Health Camps

We remain deeply committed to providing free, quality healthcare to those who need it most, especially people living in remote, underserved, and often overlooked areas. With the generous support of our dedicated partners, we've been able to bring essential medical services to communities that would otherwise go without care.

With Sightsavers, eye camps were held at DHQ Hospital Killa Abdullah and THQ Hospital Barshore, Pishin, offering eye checkups, refraction tests, and cataract surgeries. Additional camps in Killa Saifullah and Turbat were supported by The Fred Hollows Foundation, helping restore sight and dignity to those long in need.

In the ongoing fight against leprosy, 12 skin camps were held with GLRA, and 4 more with Missio, reaching people with skin diseases who rarely receive proper care. We also conducted 4 chest camps with the same partners, addressing respiratory conditions through early detection and treatment.

Our free surgical eye camps continue in remote areas, offering not just treatment, but renewed hope and independence. For many, these camps are more than medical help, they're life-changing. With continued support, we move forward one camp, one patient, and one step closer to a healthier, more inclusive future.

Eye Camps

Location	Sponsored by	Consultations	MA	FA	MC	FC	Cataract Surgeries
DHQ Hospital, Killa Abdullah	Sightsavers	687	404	249	21	13	81
THQ Hospital Barshore, Pishin	Sightsavers	540	275	198	33	34	74
Killa Saifullah	The Fred Hollows Foundation	1,640	882	699	36	23	185
Leprosy Eye Hospital Turbat	The Fred Hollows Foundation	310	97	110	45	58	24



Skin Camps

Skin Camps 12	Consultations	MA	FA	MC	FC
	2,734	681	1,098	461	494

Leprosy presumptive : 0



Skin Camps 4	Consultations	MA	FA	MC	FC
	1,340	457	509	175	199

Leprosy presumptive : 2

Leprosy case : 2



Chest Camps

Chest Camps 4	Consultations	MA	FA	MC	FC
	1,128	253	533	170	172

TB presumptive Identified : 41 TB cases from presumptives : 0



Awareness Through Community and Academic Engagement

As part of its ongoing efforts to raise awareness and promote early detection, the Health Education and Training Department at MALC, under the guidance of Dr. Zia and Dr. Iqra Ghouri, conducted a series of impactful leprosy awareness sessions across both community centres and academic institutions during this quarter.

In the community, awareness sessions were held at four key MALC centers Baldia, Bihar, Malir, and Orangi engaging a total of 180 female patients. Delivered in Urdu, these sessions focused on the basics of leprosy, its signs and symptoms, treatment options, and the importance of early diagnosis. Special attention was given to breaking down the stigma often associated with the disease. Participants were encouraged to share this knowledge within their families and communities, becoming advocates for early detection and support. Each participant received brochures summarizing key information, further supporting their role in spreading awareness.

Parallel to these community efforts, the department also reached out to academic institutions to engage the next generation of healthcare professionals. At Altamash General Hospital, a session was conducted for 50 nursing students, supported by two faculty members. The discussion centered on clinical aspects of leprosy, methods of prevention, treatment protocols, and the role of healthcare workers in reducing stigma through patient-centered care. Students participated actively, asking insightful questions and showing strong enthusiasm.

Another session was held at the Dow University of Health Sciences (Ojha Campus) with 19 Bachelor of Science in Public Health (BSPH) students in attendance. The session began with an introduction to Dr. Ruth Pfau's remarkable legacy and the history of MALC, followed by an insight into leprosy's causes, risk factors, signs, and stages of prevention. The importance of early diagnosis and public health strategies for improving patient outcomes was emphasized, reinforcing the idea that awareness is the first step toward both prevention and elimination.

Together, these sessions reflect MALC's holistic approach to awareness bridging grassroots outreach with professional education and strengthening the collective capacity to move closer to a leprosy-free Pakistan.



Turning Dreams into Reality - A Milestone for Our Hostel Girls

After years of providing a safe, nurturing home for young girls at the MALC hostel, this year marked a truly inspiring milestone. With the support of Missio Austria, and the tireless dedication of our hostel Incharge, three of our bright and determined girls have successfully secured admission into college, a remarkable achievement that speaks volumes about their resilience, potential, and the transformative power of education.

This success is not just their own; it's a proud moment for the entire MALC family, our generous donors, and all those who believed in the importance of empowering young women through education. These girls, who once walked through our doors uncertain of what the future might hold, now walk confidently into classrooms, ready to learn, grow, and lead.

Their journey has already begun to inspire others in the hostel, proving that with the right support, safe surroundings, and encouragement, dreams can indeed come true. They are living proof that education changes lives and they've become beacons of hope for other girls who now dare to aim higher.

As we celebrate this achievement, we are reminded of the words of Dr. Ruth Pfau:

"You can only do it step by step. No one can change the world in one day - but you can lay the foundation."

These young women are laying that foundation for themselves, for others, and for a better, brighter tomorrow.



From Leprosy to Inclusive Care: MALC's Evolving Mission for Community Wellbeing

For over 70 years, MALC has remained deeply committed to serving vulnerable communities across Pakistan, with its primary focus on the control, prevention, and treatment of leprosy. What began as a small initiative has now grown into a nationwide network of care and compassion. Our work spans several regions, including Sindh, Balochistan, Khyber Pakhtunkhwa, Azad Kashmir, and Gilgit-Baltistan, where teams continue to reach out to those in need with dedication and empathy. In Karachi, MALC also operates a residential care facility that provides not only shelter and treatment but also restores dignity and hope to individuals affected by leprosy who have been abandoned or neglected by their families.

Over the years, MALC has steadily expanded its services to address other pressing public health concerns that affect marginalized populations. These include tuberculosis control, prevention of blindness, and initiatives that promote the rights and inclusion of people with disabilities through Community-Based Inclusive Development (CBID). Our Mother and Child Health Care Program further strengthens communities by improving child nutrition, enhancing maternal health, and promoting awareness of preventive healthcare in selected areas.

A recent and vital addition to our range of services is the rehabilitation of children with neurodevelopmental disabilities in Sindh. Through this initiative, MALC provides free, specialized care, therapy, and family support to help these children reach their full potential and live more independent, fulfilling lives. In times of crisis and natural disasters, MALC continues to step forward with compassion, offering timely relief, medical assistance, and rehabilitation support to disaster-affected populations. These interventions not only provide immediate help but also contribute to rebuilding lives and restoring hope in devastated communities.

All of these efforts are made possible through the unwavering support of our generous donors, dedicated partners, and committed staff. Their continued contributions and collaboration drive MALC's mission of compassion, care, and long-term impact bringing lasting change and dignity to countless lives across Pakistan.

LEPROSY



TB

MCHC



Delivering dedicated care and support to individuals affected by leprosy.



Supporting mothers and children through the Mother & Child Health Care Program by providing essential treatment for common ailments among children and nutrition support through the Suji Program.

CBID



Rehabilitating people with disabilities each year through the Community-Based Inclusive Development (CBID) approach, while now also offering free rehabilitation services for children with Neurodevelopmental Disabilities.

EYE



Restoring sight to thousands of people each year through services at Base Hospitals and free eye surgical camps held in remote areas across the country.

Contributing to Tuberculosis control by providing free treatment and conducting free chest camps, reaching and supporting communities across the country.

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