

# Newsletter

ISSUE 55 **OCTOBER - DECEMBER 2025**

## **EDITORIAL**

As we look back on 2025, we reflect on a year of growth and focus on the most vulnerable. From October to December, we aligned our field operations with global milestones to support those often left behind.

October brought our Prevention of Blindness initiatives to the forefront. MALC prioritized surgeries and community screenings for avoidable vision loss. Our teams focused on high-risk regions of Balochistan, ensuring eye care reaches remote areas. Through this outreach, we restored independence and quality of life for hundreds this year.

In December, on World Disability Day, we celebrated progress in our Community-Based Inclusive Development (CBID) programs. A major highlight was the expansion of Neurodevelopmental Centres across Sindh, offering speech, physical, behavioral, and occupational therapies. Our staff implements individualized plans for every child, tailored to their unique needs.

2025 also marked a turning point for our mission. The Zero Leprosy Project accelerated efforts to interrupt transmission. We achieved a measurable shift in disease control by adopting digital surveillance platforms, enabling accurate field mapping and real-time reporting in remote areas.

The final quarter was strengthened by WHO support, including their attendance at a dermatologist training session, reinforcing expert capacity building.

From World Leprosy Day in January to the International Leprosy Congress in Bali & our Strategic Planning Workshop in December, 2025 was a year of collaboration. Our successes reflect the hard work of our staff and leadership.

As we close this chapter, we remain steadfast in our goal to create a society where disease and disability no longer limit human potential.

## WHO Team Visit to MALC



MALC was honoured to welcome the WHO delegation, including Dr. Qutbuddin Kakar and Dr. Narantuya Jadambaa. CEO Mr. Mervyn Lobo received the team, followed by discussions on program progress, needs, and collaboration. The visit included a tour of the Dr. Ruth Pfau Museum and an overview of MALC's core services, reinforcing shared commitment to disease control and community health.



### Narrative Report

#### Strengthening Leprosy Elimination Efforts – Activity Progress Update

This report summarizes all activities conducted to date under the project's action plan, drawing on three primary components:

1. **Skin Camps**
2. **Seminars for Dermatologists & Allied Health Workers**
3. **Awareness Sessions** within MALC's operational areas.

#### 1. Skin Camps

According to the project plan, 10 skin camps are to be conducted during the implementation period.

#### Completed Camps

To date, 10 out of 10 camps have been conducted (100% achievement):

- Karachi: 4 camps
- Interior Sindh: 3 camps
- Balochistan: 3 camps



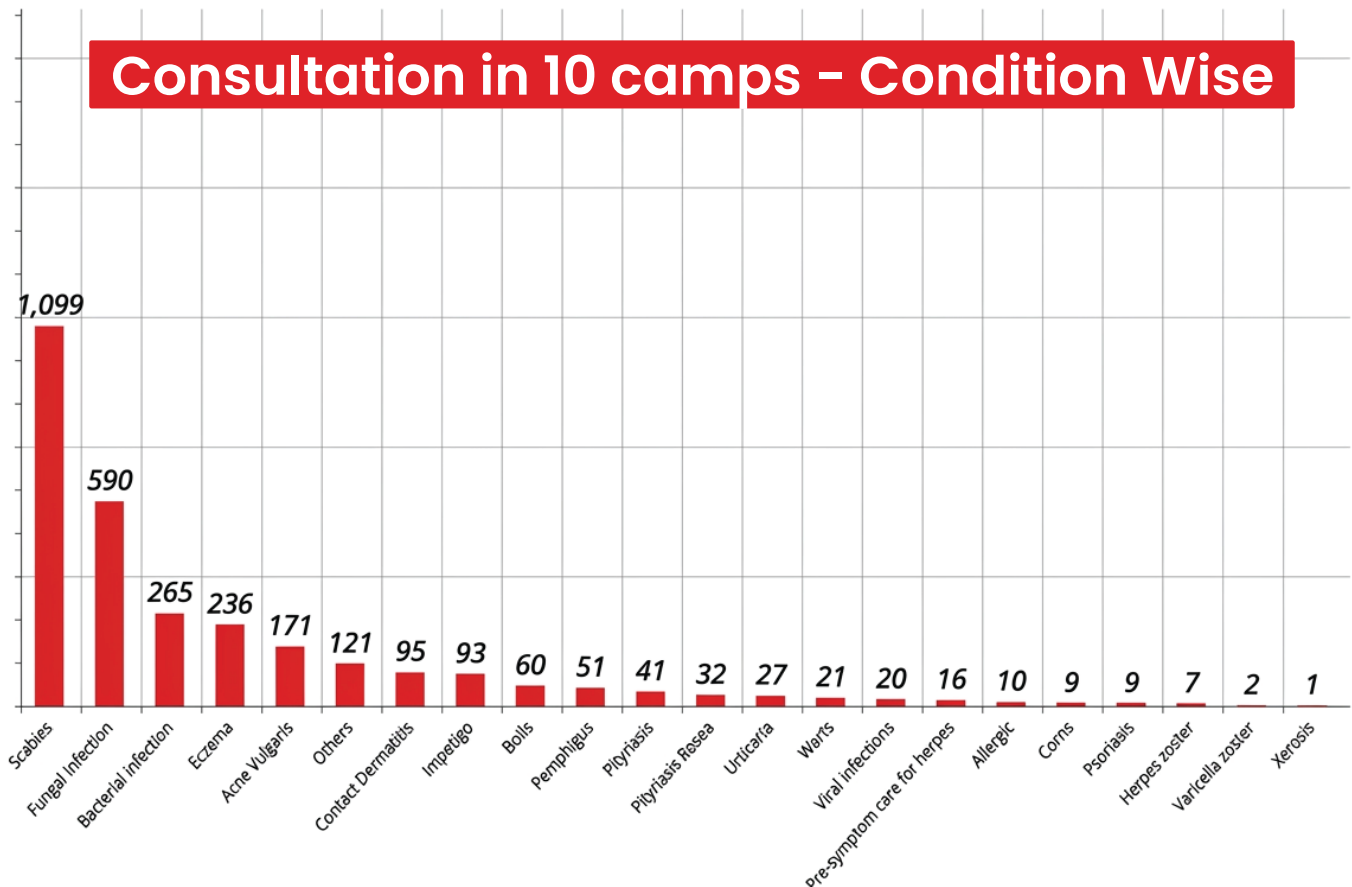
## Funded by WHO

### Strengthening Leprosy Elimination

Marie Adelaide Leprosy Centre (MALC), in collaboration with Dow International Medical College (DIMC) & Dow University of Health Sciences (DUHS), conducted a seminar titled "Strengthening Leprosy Elimination Efforts in High-Burden Districts of Sindh." The event brought together dermatologists, healthcare professionals, and allied health workers to focus on early detection, clinical management, and Pakistan's Zero Leprosy roadmap.



S. No.	Center	Location	Consultation					Leprosy Cases Found	Leprosy Presumptive Identified
			MA	FA	MC	FC	Total		
1	MRC	Karachi	30	65	32	72	199	0	0
2	ORC	Karachi	128	131	30	24	313	0	0
3	LKC	Karachi	65	82	44	40	231	0	0
4	LBA	Karachi	23	75	57	60	215	0	0
5	MKL	Balochistan	150	107	80	73	410	0	3
6	BSC	Karachi	124	127	34	37	322	0	0
7	LMCH	Bau Khan Pathan	68	140	86	49	343	2	0
8	DMJ	Balochistan	126	96	67	47	336	0	1
9	SHP	Karachi	41	74	61	83	259	0	16
10	LRK	Balochistan	67	110	90	81	348	0	0
<b>TOTAL</b>			<b>822</b>	<b>1,007</b>	<b>581</b>	<b>566</b>	<b>2,976</b>	<b>2</b>	<b>20</b>



# Health Camps Overview Impact in Numbers

We remain committed to providing free, quality healthcare to remote and underserved communities. With partner support, MALC continues bringing essential medical services to those with limited access.

In the fight against leprosy and skin diseases, we conducted 28 skin camps with GLRA, 10 with WHO, & 4 with Missio Austria. Additionally, 6 chest camps with the same partners enabled early detection of respiratory conditions.



SKIN CAMPS 28				
Consultations	MA	FA	MC	FC
5,334	1427	1917	1005	985

Leprosy Presumptive: 13

Leprosy Presumptive: 07

SKIN CAMPS 10				
Consultations	MA	FA	MC	FC
2,976	822	1007	581	566

Leprosy Presumptive: 04

Leprosy Presumptive: 02



SKIN CAMPS 04				
Consultations	MA	FA	MC	FC
1295	409	482	214	190

Leprosy Presumptive: 00

Leprosy Presumptive: 00

CHEST CAMPS 06				
Consultations	MA	FA	MC	FC
2,976	822	1007	581	566

TB Presumptive: 49

TB Cases Found: 00

Month	Consultations	MA	FA	MC	FC
October	1264	201	647	200	216
November	1248	215	634	178	221
December	1402	269	725	183	225

## HBL Foundation Mobile Medical Camps



During the 4th quarter of 2025, the HBL Foundation supported eight mobile medical camps each month across Gilgit-Baltistan, bringing healthcare to remote communities. Each camp provided consultations, basic diagnostics, and free medicines, including general check-ups, maternal/child health guidance, and hygiene awareness. This support reduced the burden on local health infrastructure and brought relief to thousands of families.

## Vision Care in Action

During the fourth quarter of 2025, MALC conducted a series of eye care camps across multiple districts, providing essential eye care services to underserved communities. These camps were made possible with the generous support of The Fred Hollows Foundation (FHF), Sightsavers, and HBL. These camps reached hundreds of individuals, offering eye examinations, treatment, and referrals, reinforcing MALC's commitment to improving vision and eye health across remote and underserved areas.

## EYE CAMPS

Location	Sponsored by	Consultations	MA	FA	MC	FC	Cataract Surgery
Balochistan	FHF	908	404	344	71	89	162
Balochistan	Sight Savers	1025	511	421	55	38	140
Balochistan	Sight Savers	880	448	323	75	34	107
Balochistan	HBL	734	367	291	48	28	92
Balochistan	Sight Savers	460	270	150	21	19	28
Karachi	HBL	347	157	151	21	18	55
Punjab	HBL	697	312	298	55	32	697
Sindh	HBL	229	85	98	27	19	54
Balochistan	HBL	967	497	374	54	42	104
Sindh	HBL	63	40	23	-	-	63
Karachi	Sight Savers	781	390	301	48	42	120
Balochistan	HBL	835	432	337	43	23	84
Balochistan	HBL	1048	511	462	44	31	117

## Mobile Medical Camp in Gilgit-Baltistan

In collaboration with the HBL Foundation, MALC organized a free mobile medical camp in Gilgit-Baltistan, bringing doctors, consultations, medical check-ups, and essential medicines directly to communities with limited access to healthcare.

The camp addressed immediate health needs while also raising awareness about preventive care and healthy practices in remote areas. By taking healthcare to the people, MALC continues to ensure that no one is left behind on the path to better health.



## Study Published in PLOS Mental Health

A proud achievement for Team MALC, as a new study published in PLOS Mental Health explores the lived experiences of people affected by leprosy in Sindh, Pakistan.

The research was authored by Sophie Unterkircher (geb. Stützle), Dr. Isabel Fernandes, Abdul Salam from MALC, and Anil Fastenau from GLRA.



This study sheds light on the psychosocial impact of leprosy and reinforces MALC’s commitment to holistic care, dignity, and community support.

By documenting these experiences, the study contributes valuable knowledge to inform policies, advocacy, & community-based interventions aimed at reducing stigma and improving the quality of life for affected communities.

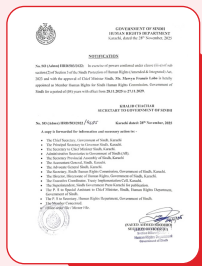
Read the full study:

<https://journals.plos.org/mentalhealth/article?id=10.1371/journal.pmen.0000453>



## A Proud moment for MALC

The Government of Sindh has appointed Mr Mervyn Lobo as Member Human Rights of the Sindh Human Rights Commission for the 2025 to 2029 term. This important appointment, approved by the Honourable Chief Minister, marks a major step forward in strengthening independent human rights oversight across the province.



## CEO MALC Featured on Fakhr-e-Pakistan

MALC’s CEO, Mr. Mervyn Francis Lobo, appeared on Venus Entertainment’s “Fakhr-e-Pakistan with Saleem Sathiyani.” In the interview, he shared insights into MALC’s mission, its long-standing service to communities affected by leprosy & disability, and its commitment to inclusive, dignity-centered healthcare.



Watch the full interview at MALC Youtube Channel.

[https://www.youtube.com/watch?v=THNut8JP\\_vk](https://www.youtube.com/watch?v=THNut8JP_vk)

## PPL Management Visit in Support of Longstanding Partnership

MALC and Pakistan Petroleum Limited (PPL) marked 20 years of partnership on 18 Nov with a PPL delegation visit to the MALC Rehabilitation Centre.

The delegation, led by Brigadier (Retd.) Ajaz Ahmed Khan, was welcomed by MALC's CEO at the Centre for Rehabilitation of Children with Disabilities. The visit included a reception, cake-cutting, and an overview of MALC's healthcare and community programmes.



## 20 YEARS OF COMPASSION

Since 2005, PPL has provided consistent support to the MALC Centre in Kandhkot. Reaffirming this collaboration, PPL presented a cheque for the Kandhkot Centre, reflecting its commitment to corporate social responsibility. The delegation also appreciated MALC's service quality and patient care standards.

MALC values PPL's continued trust and looks forward to strengthening this partnership to expand healthcare access and improve community well-being.

## Diwali at MALC Celebrating Colour, Culture, & Compassion

MALC Centre for Rehabilitation celebrated Diwali with children, staff, and special guests. The event included rangoli, goodie bags, mithai distribution, & cultural performances. Mr. Rajvir Singh Sodha, Special Assistant to the CM Sindh, graced the occasion, highlighting interfaith harmony and MALC's commitment to inclusivity.



## Marking The International Day of Persons with Disabilities

27<sup>th</sup> November 2025

MALC marked International Day of Persons with Disabilities at Avari Towers with GLRA support. Guests included Mr. Tuaha Ahmad Faruqi, Mr. Rajvir Singh Sodha, Dr. Felicitas Schwermann, Dr. Paul Saunderson, & Mr. Farman Ali Tanwari.



## A Partnership for Healing

We extend our sincere appreciation to the HBL Foundation for their continued trust and generous support. Their contribution towards Mobile Medical Camps in Gilgit-Baltistan enables MALC to deliver essential healthcare to communities living in remote and hard-to-reach areas, where access remains limited but the need is significant. This partnership, built on compassion and shared commitment, continues to make meaningful healing possible for those who rely on these services.



## Human Development Foundation Pledges to Partner with MALC

MALC welcomed the Human Development Foundation (HDF) team, who generously presented a cheque to support leprosy treatment and patient care.

The delegation toured the Dr. Ruth Pfau Museum, patients' wards, optical laboratory, and physiotherapy unit, gaining insight into MALC's patient-centred approach to healthcare and rehabilitation.

We are deeply grateful for partnerships that strengthen our mission to restore health, dignity, and hope, continuing the legacy of compassionate care for communities in need.



Celebrating Inclusion:

## A Grand Day for Persons with Disabilities

3<sup>rd</sup> December 2025

The Department of Empowerment of Persons with Disabilities organized an event at Noor Ali Trust Park, bringing together organizations to highlight services for persons with disabilities. Stalls showcased programs and support initiatives, with a food area creating a welcoming atmosphere.

A key highlight was the virtual inauguration of MALC DEPDP Centres in Badin & Larkana by Chief Minister Murad Ali Shah. The event reflected strong teamwork and a shared commitment to inclusion, empowerment, & accessibility.

## MALC at St. Patrick's Karachi Job Fair 2025

*"Together We Are for Pakistan: United We Build, Stronger We Rise"*

The job fair brought together students, educators, and community leaders, creating a dynamic platform for career guidance, learning, and networking. The event celebrated diversity and promoted equal opportunities for all participants.



## Children's Day & Christmas Celebrations

MALC continues to foster an environment of inclusion, belonging, and joy, ensuring that every student feels celebrated.



## Pinktober at MALC

Every story is unique, & every journey matters. In October, as part of Breast Cancer Awareness Month, MALC partnered with Dr. Essa's Laboratory to host an awareness session focused on the life-saving importance of early detection.

The Essa Lab team supported the initiative by providing mammographic screening coupons & goodie bags for all participants, a thoughtful gesture that encouraged more women to take the first step towards timely screening.



## Connecting with Parents

Two structured parent-therapist meetings were successfully conducted to review the progress of children, openly discuss challenges, and collaboratively plan future therapy goals. These sessions provided a supportive and collaborative environment where parents and therapists could actively engage, share valuable insights from both home and clinical settings, & work together as a team. The goal was to ensure that each child receives individualized, tailored support for optimal development, while also strengthening the home-clinic connection that is essential for long-term progress.



## Pedagogy Training for Teachers

Our teachers received training from the Notre Dame Institute of Education (NDIE) as part of capacity-building initiatives sponsored by Caritas Austria. Teachers from all four project schools attended sessions focused on pedagogical aspects integrated with mental health.

The teachers found the sessions highly informative, helping them understand factors affecting children's emotional & psychological health, while also gaining strategies to incorporate modern teaching methods. They expressed a desire to attend similar training in the future.



## Breaking the Stigma Mental Health Matters

In collaboration with the Department of Psychology, Federal Urdu University of Arts, Science & Technology, MALC organized an inspiring session on "It's Okay to Not Be Okay: Breaking the Stigma Around Mental Health" as part of the Jazbaa-e-Matchbox initiative, commemorating World Mental Health Month.

MALC specialists shared insights on leprosy, mental health, associated stigmas, and youth well-being, fostering an informative & empathetic discussion. Students engaged actively, asking questions and sharing perspectives, creating a vibrant atmosphere of learning and understanding. Their enthusiasm and openness reflect a generation committed to compassion, awareness, and social responsibility, sending a powerful message that the future of giving lies in empathy and understanding.

## Mental Health Sessions

To manage stress in today's fast-paced world, MALC partnered with Caritas Austria to hold mental health awareness sessions at schools in Manghopir & Gadap. Students, parents, & teachers learned coping strategies, emotional well-being, and how to speak up without shame. Sessions were tailored by age, with adults learning to identify distress signs. MALC continues promoting awareness and mental resilience.



## Launch of Musical Classes

In October, MALC officially launched musical classes as part of its rehabilitation program. These classes are designed to enhance sensory integration, foster social interaction, & support emotional expression, providing children with a creative and therapeutic outlet for growth and development.



## Session on Communication and Critical Thinking Skills

With support from Missio Austria, we organized a fun session on communication and critical thinking for Manghopir Hostel girls. Activities like Chinese Whisper, Jenga, and Lego challenges helped them explore teamwork and problem-solving. The girls left feeling confident and empowered to communicate and think critically.



## Empowering Parents to Understand Neurodevelopmental Needs

For International Day of Persons with Disabilities, MALC held a parent awareness session on disability awareness and early intervention. Parents received practical guidance and had one-to-one discussions to share concerns. The session reflected MALC's commitment to helping families build awareness and promote inclusion.



## Safeguarding Training for Teachers and Parents

With support from Caritas Austria, the Life Changing Foundation (LCF) conducted safeguarding training for teachers & parents. The session reinforced child protection concepts & their role as guardians both in and out of school. It also included mental health awareness to recognize trauma indicators, along with practical strategies to create safe, inclusive learning environments. Participants appreciated the holistic approach addressing physical safety and emotional wellbeing.



## Nadra One Window Camps

**On 6<sup>th</sup> November, 2025**

CBID team helped 60 persons get Disability Certificates and 30 complete Smart CNIC registration. Senior leadership commended their inclusive service delivery.

**On 18<sup>th</sup> November, 2025**

A NADRA camp at MRC Centre helped 21 children & adults with disabilities obtain or update their Special CNICs in a fully accessible, smooth process.



## Care for Mothers and Children in Tharparkar

MALC recently organized a Mother and Child Health Care Camp in MAU Akheraj Village, Mithi, District Tharparkar, with the generous support of the HBL Foundation. The camp provided essential medical checkups & nutritional support, allowing hundreds of women and children from remote desert communities to access quality healthcare services.

Through partnerships like this, MALC continues its mission to ensure that no mother or child is left behind on the journey toward a healthier and brighter future.



## From Diagnosis to Cure



A 13-year-old student from Landhi presented with persistent cough, fever, and weight loss. Despite multiple visits to private clinics, the root cause remained undiagnosed until a chest X-ray at the National Laboratory led to a referral to the MALC Landhi Korangi Center.

Upon consultation, Dr. Hassan, TB Coordinator, recommended a sputum GeneXpert test, which confirmed bacteriologically positive pulmonary tuberculosis. Immediate treatment was initiated under the Child Anti-Tuberculosis Treatment Course for six months.

Through consistent follow-ups, support from the MALC medical team, & timely intervention, the child successfully completed treatment on 13th December 2025, with all follow-up tests confirming a "cured" status. This case highlights the importance of early detection, proper diagnosis, and coordinated care. The family expressed gratitude to MALC for its prompt and compassionate support, emphasising how timely intervention can restore health, hope, and confidence in young patients.

## From Struggle to Smile

Sahi Bux arrived at the MALC Centre with his mother during a period of extreme hardship. His mother was battling tuberculosis, and their small home had been destroyed by last year's heavy rains, leaving the family without proper shelter or sufficient food. As a result, Sahi Bux became severely malnourished.

He was enrolled in MALC's nutrition program, receiving regular nutritional supplements for four months, while his family received ration support to ensure a balanced diet at home.

Gradually, Sahi Bux regained strength and vitality, his health improved, and his smile returned. With MALC's timely care and support, both Sahi Bux & his mother found renewed hope and resilience during an extremely challenging chapter of their lives.



## Transforming Lives Through Eye Care

M. Jameel, a 55-year-old police officer and sole breadwinner for his three daughters, lost his eyesight to cataracts. Daily duties became difficult. At MALC, with support from The Fred Hollows Foundation (FHF), he had surgery. His vision was restored to 6/6, renewing his dignity and ability to serve. His story shows how timely eye care transforms lives.



## Transforming Lives Through Eye Care

Mariyam initially struggled to stand, walk, or balance without full assistance. Her limited mobility affected her independence and confidence. After six months of physiotherapy, she now stands and walks independently with improved balance. Her journey shows how early intervention and dedicated care help children overcome limitations and regain confidence.



### COMMUNITY BASED INCLUSIVE DEPARTMENT (CBID)

#### Understand the Unseen

Open your eyes to the everyday barriers faced by people with disabilities and marginalized groups around you

#### Include with Intention

Engage, listen, and act. Co-create solutions with the community not for them, but with them.

#### Empower for Life

Support sustainable change that uplifts individuals, strengthens communities, and ensures no one is left behind.

## New Enrollments Pathways to Progress

This quarter, 67 new children joined MALC's therapy programs, including Physical Therapy (PT), Occupational Therapy (OT), and Behaviour Therapy (BT). Each enrollment represents a step forward in our mission to support growth, independence, and well-being, offering tailored interventions to help children reach their full potential.

Together, these initiatives reflect MALC's commitment to holistic care, combining therapeutic interventions, family engagement, and creative enrichment to empower every child on their journey toward independence and well-being.



## German Consulate General Supports Flood Relief

We extend our sincere gratitude to the German Consulate General in Karachi for supporting our flood relief efforts. Consul General Thomas E. Schultze and Consul Anja Klos presented the donation cheque to our CEO, Mr. Mervyn Lobo, in the presence of our team.

This generous contribution will help us reach more flood-affected families, providing essential care, relief, & dignity. Since 1962, partnerships like these have enabled MALC to make a meaningful difference in the communities we serve.



## Courtesy Visit by the Austrian Ambassador

MALC welcomed an Austrian Embassy delegation led by Ambassador Wolfgang Oliver Kutschera to the Tatarko Yagangat School & Girls Hostel in Manghopir. The visit included a cultural performance and tour, reaffirming Austria's partnership with MALC in education and inclusion.

## A Meaningful Visit Supporting Children's Rehabilitation

Dr. Othmar also visited MALC's Centre for Rehabilitation for Children with Neurodevelopmental Disorders, where he was given a guided tour of the facility and briefed on the range of treatments & therapies being provided to support children's developmental need.



## Continued Support: CBM at MALC

A team from Christian Blind Mission (CBM) visited MALC. Dr. Zahid Awan, Mr. Morris, & Mr. Samiullah toured our facilities, including the Dr. Ruth Pfau Museum and the CBM-supported Optical Shop. The visit strengthened our shared commitment to improving eye health and expanding community impact.



## Visit by Caritas Austria Delegation

We welcomed Caritas Austria to TY School and Rahe-e-Nijat School. They met students, toured the Girls' Hostel, & saw MALC's child education work, reaffirming their commitment to quality, safe learning.



## A Heartwarming Visit by Ali Gul Pir

Ali Gul Pir visited MALC's Disability Centre in Numaish. Children welcomed him with songs, anthem, & dhol. He listened to their stories, encouraged their talents, and celebrated their resilience. He also made a reel for International Day of Persons with Disabilities, promoting awareness and inclusion.



## Celebrating Life and Learning

Dr. Othmar Kolar of Pontifical Mission Societies (Austria) visited Karachi as part of his 5-year engagement with MISSIO Austria's projects. At Manghopir Girls' Hostel, residents welcomed him with a presentation, a rainbow-themed skit, and a lively dance, reflecting their confidence, creativity, and belonging.

## Flood Relief activities

In August, floods in Karachi, Gilgit-Baltistan, and Khyber Pakhtunkhwa left families without food, shelter, or medical care. MALC & long-standing donors provided immediate relief. Efforts continue in GB and KPK. In Karachi, dry food hampers were distributed with the German Consulate to families of patients, including children with disabilities, restoring stability & hope.



خدمت کے 70 سال  
زندگیاں بدلنے کا سفر جاری



**MALC** HEALING, HOPE & HUMANITY

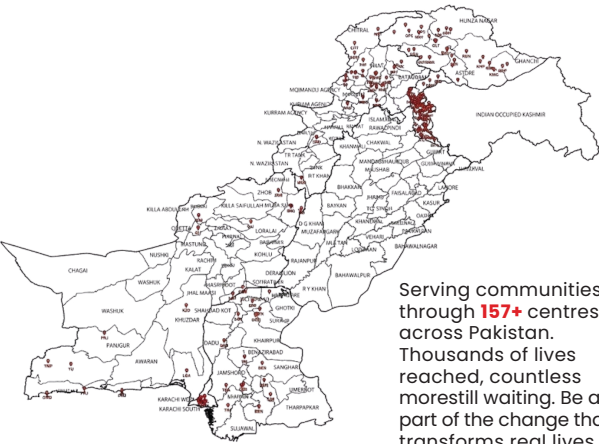
# Zakat 2026

Healing, Hope, Humanity

For 70 years, MALC has been dedicated to bringing healing, hope, & humanity to those most in need. Your Zakat can provide life-changing support, from essential healthcare to rehabilitation, to marginalised communities across Pakistan. Stand with us in continuing this legacy of compassion, and help ensure that every individual has the chance to live with dignity, health, and hope.

## With the Generous Support of Our Partners

As the year comes to a close, we extend our sincere gratitude to our valued partners, donors, and supporters whose unwavering trust & generosity have made our work possible. Your contributions have helped us provide healthcare, rehabilitation, & community support to countless individuals and communities. As we move forward, we remain committed to bringing hope, healing, and humanity, and we look forward to continuing this journey of compassion and change in the year ahead.



Serving communities through **157+** centres across Pakistan. Thousands of lives reached, countless more still waiting. Be a part of the change that transforms real lives.



### FOR DONATION

#### STANDARD CHARTERED BANK

ACCOUNT TITLE: MARIE ADELAIDE LEPROSY CENTRE  
ACCOUNT NUMBER: 08-1845778-01  
IBAN: PK69 SCBL 0000 0081 8457 7801  
SWIFT CODE: SCBLPKXX

#### BANK AL HABIB

ACCOUNT TITLE: MARIE ADELAIDE LEPROSY CENTRE  
ACCOUNT NUMBER: 0081-0005-8701  
IBAN: PK63 BAH1 5039 0081 0005 8701  
SWIFT CODE: BAHLPKKA

### FOR ZAKAT

#### STANDARD CHARTERED BANK

ACCOUNT TITLE: MARIE ADELAIDE LEPROSY CENTRE (DR. ZARINA MEMORIAL ZAKAT FUND)  
ACCOUNT NUMBER: 08-8615002-01  
IBAN: PK68 SCBL 0000 0088 6158 0201  
SWIFT CODE: SCBLPKXX

#### MEEZAN BANK LIMITED

ACCOUNT TITLE: MALC-ZAKAT ACCOUNT  
ACCOUNT NUMBER: 0153-0101603757  
IBAN: PK57 MEZN 0001 5301 0160 3757  
SWIFT CODE: MEZNPKKA

## FOR ONLINE DONATION



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[MalcPak](https://www.whatsapp.com/channel/00299a764411111111111111)

### REACH OUT TO US

[MALC, Mariam Manzil, A.M. 21, Off Shahrah-e-Liaquat, P.O. Box No. 8666, Saddar Karachi](https://www.google.com/maps/place/MALC,+Mar+Manzil,+A.M.+21,+Off+Shahrah-e-Liaquat,+P.O.+Box+No.+8666,+Saddar+Karachi)  
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